



Golf Safety Guidelines

There is an inherent risk of injury involved with any athletic activity. Golf programs have risks that place participants in danger for physical harm.

Facility & Equipment

- Golf at a reputable facility. Inspect all areas of the course and its facilities that your athletes will be using including areas near potential hazards and restrooms.
- Review the rules of the golfing facility and safety rules with team.
- Ensure travel to/from practice/contests takes place in district approved transportation only.
- Reinforce with students that golf clubs can be dangerous. Players should always make sure the area around them is clear before swinging.
- Have players check their equipment thoroughly before each use.
- Establish a location to meet in case of an emergency.
- Shoes must meet course and WIAA regulations.
- Provide appropriate safety equipment including: brush for cleaning footwear, extra towels, ice packs, first aid kit.

Supervision & Instruction

- If possible, team members should golf under direct supervision of a coach or adult helper.
- Students spread over 9 or 18 holes must have a way to communicate with their coach or other adults in case of emergencies.
- Teach players to pay attention to the game at all times as one may be injured by a swinging club or by the rebounding of a ball from trees, signs, markers, etc.
- Remind students to be especially careful if they venture into an adjoining fairway to retrieve or play an errant shot, or if they are close to an adjoining fairway and golfers on that hole are hitting toward them.
- Reinforce course etiquette and instruct players to leave proper space between groups.
- Remind players to always look ahead, to the left and to the right of the area where they are aiming their shot. They should never hit the ball until they are confident that any golfers up ahead are out of range.
- Ensure students understand that FORE is yelled as a word of warning to let golfers playing near know that an errant golf ball might be heading their way, and to take cover, protecting their head.
- Instruct players to keep hands and grips dry to minimize the danger of clubs being released.
- Make sure all players warm up and cool down.
- If students are allowed to use a golf cart, make sure they drive safely and observe all safety rules. Do not allow students to hang feet out of the cart while in motion.
- Monitor weather conditions.
- Students need to stay hydrated and protect their skin with appropriate sunscreen.
- Students who have bee sting allergies must have access to antidote.