

Guiding Good Choices- Fall 2020

Workshop for parents and guardians of youth ages 9-14



Details

Cost: FREE, 5-week workshop hosted via Zoom

Dates:

Thursdays in October:

10/1, 10/8, 10/15, 10/22, 10/29

Mondays in November:

11/2, 11/9, 11/16, 11/23, 11/30

Time- 6-8pm

What You Will Learn

- Tools to help youth build positive relationships & healthy, drug-free lives during COVID-19 and beyond
- How to develop healthy communication and clear standards
- How to help youth avoid negative influences
- How to manage conflict and express anger constructively
- How to involve everyone and strengthen family bonds

To register contact Lindsay Scalf- lscalf@co.jefferson.wa.us 360.385.9419



Empowered Teens Coalition

Washington State
Health Care Authority

